

PROFILE

MARK THWAITES SPA & HEALTH CLUB MANAGER

MARK THWAITES – joined Chewton Glen as Spa & Health Club Manager in April 2004. Previously, Mark managed a large private health and fitness club in Oxfordshire. Motivated by working with people to improve their fitness, whilst enjoying the health benefits gained from being able to relax and unwind away from the daily stressed of everyday life, Mark is an excellent addition to the team of therapists, fitness trainers, beauticians and assistants who operate the luxury Spa & Health Club at Chewton Glen.

The Spa was recently awarded the accolade of 'Laurent Perrier Relais & Chateaux Best Spa' and has been voted 'Most Excellent Spa in the UK' by Conde Nast Johansens. Facilities include: 17m ozone-treated indoor swimming pool; large gym with air resistance equipment and cardio theatre; hydrotherapy spa pool and outdoor whirlpool; purpose-built dance studio and relaxation suite and 10 treatment rooms. Chewton Glen also has an indoor tennis centre and outdoors all-weather courts, its own nine hole par-3 golf course plus a hairdressing and beauty salon.